YTHS-SOVELLUS

Terveyssovelluksen kehittäminen YTHS:n palveluita tukemaan

Mervi Parviainen

Y · T · H · S

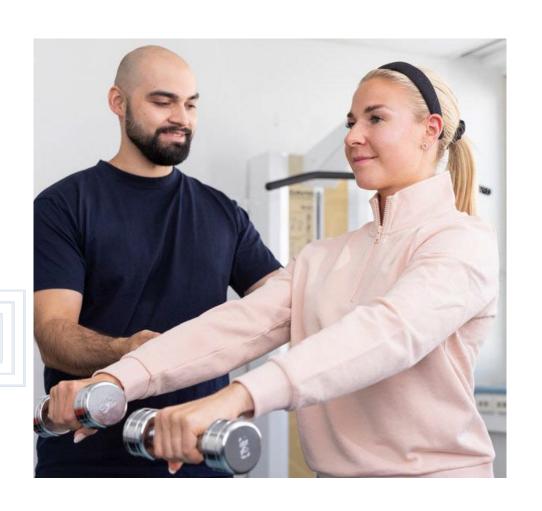YLIOPPILAIDEN TERVEYDENHOITOSÄÄTIÖ

The current situation

- The Self online service in use

- Self is accessed via a browser, not a separate application

- For urgent matters, service is provided through the phone service

- Logging in requires strong authentication every time the service is used

- There is a need for development in electronic services, as the online service has become outdated

Functions of the SELF web service, current situation

- Booked appointments and appointment permissions
- Cancelling and/or rescheduling appointments
- Remote consultations
- Forms (e.g., therapy navigator)
- Health start questionnaire
- SelfChat

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Assignment

- In the future, a functional application will be needed for YTHS health services to replace the current web-based service. The application should be suitable for all students, regardless of their place of residence or service needs. It must also be available in three languages: Finnish, Swedish, and English.

- As it is a healthcare service, special attention must be given to data protection and accessibility.

- Since YTHS will not have an increase in staff resources, the development of the application must take into account that no services should be created if they cannot be provided.

- The current functions must be included in the application, but there is also a need to develop new ways to utilise digital services.

- Potential areas for development include:
  - Mental health services
  - Development of group activities

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Assignment

- Design a mobile application that enables smooth digital services at YTHS and meets modern requirements. Please pay special attention to:

- 1) Data protection and accessibility
  - Strong authentication and digital accessibility
  - Filling in forms within the application

- 2) Supporting mental health and developing group-based activities
  - Remote participation in group activities via the application
  - Early support for mental health

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Implementation and evaluation

- Implementation
  - You can present your idea in pictures, text, diagrams or any other format you like

- Evaluation
  - User-friendliness
  - Understandability
  - The necessary features can be found in the application
  - Innovativeness, developing something new

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